YOUR HEALTH, YOUR LEARNING, YOUR FUTURE

1 WHAT WE DID

NES worked with partners to relaunch **Health Elementary**, helping primary school children learn about health, wellbeing, and jobs like nursing, to show that anyone can choose these careers. We also helped more young people learn about becoming a doctor, especially in schools where not many pupils apply. This includes **Your Med Future**, which gives clear information and advice about getting into medicine.

2 WHAT DIFFERENCE DOES THIS MAKE?



This work helps children and young people have choices about their health, learning, and future jobs. By starting early and making sure everyone has a fair chance, it helps more young people learn about different careers and believe they can achieve them.

It also helps make sure future health and care workers come from lots of different backgrounds, so services are fairer and stronger for everyone.

3 HOW THIS HELPS CHILDREN'S RIGHTS



This work helps protect children's rights by making sure children and young people:

- Can learn about their health and how to stay well
- Have clear information to help them learn and choose their future
- Have a fair chance to explore different careers
- Are listened to and included and they can share ideas

4 GIRFEC

This work helps make sure children and young people are:

Healthy: they can learn more about how to look after their health and wellbeing.

Achieving: they are supported to learn and think about their future.

Included: they have a fair chance to explore careers, whatever their background.

Respected: their interests, goals, and potential are valued.

5 THE PROMISE



This work follows The Promise by helping make things fair for children and young people. It supports children to do well and reach their goals, no matter where they live or what their background is. By helping more children learn about different careers, showing that jobs are open to everyone, and giving the right support along the way, this work helps create a kinder and fairer system where all young people can follow their dreams.

6 WHY IT MATTERS



Helping children learn about their rights early can make a big difference to their lives and their future. It helps them feel confident, included, and able to reach their goals.

By including children's rights in learning and career opportunities, this work helps create a fairer system where all young people are supported to grow, succeed, and feel well.

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